LINCOLN-LANCASTER COUNTY HEALTH DEPARTMENT
DHM 2020-07
Appendix 3 Requirements and Guidance for Childcare Facilities
July 19, 2020

The following are Requirements and Guidelines for child care facilities.

1) **Requirements**
   All licensed Child Care Facilities Shall:
   a. Immediately exclude ill children and staff who have symptoms consistent with COVID including, but not limited to, fever of 100.4 or greater, cough, shortness of breath, chills, repeated muscle pain, headache, sore throat, congestion, runny nose, new loss of smell, nausea, diarrhea or vomiting.
   b. Upon entry, take temperatures of all children and staff, and recheck an additional time during the afternoon. Dismiss any staff or child with a temperature above 100.4° F.
   c. Immediately after entering the facility, require all children and staff to wash hands for at least 20 seconds with soap and water upon entering the facility.
   d. Disinfect all high touch surfaces at least every four (4) hours with an EPA registered product.
   e. Not allow staff or children to relocate or work between different centers.
   f. Not allow children or staff to share cups, glasses, bottles, and eating utensils.
   g. Not allow family style food service.
   h. Not use toys and other items that cannot be cleaned and sanitized/disinfected.
   i. Require all individuals age (five) 5 and older to wear a face covering over their mouth and nose while indoors unless the individual maintains at least 6 feet of separation at all times from anyone who is not their household member.

2) **Guidance**
   a. Post Directed Health Measure requirements at entry to the facility.
   b. Review guidance from CDC on Coronavirus Disease 2019 (COVID) Guidance for Child Care Programs that Remain Open.
   c. Monitor staff's and children's health throughout the day, quickly excusing anyone who exhibits COVID symptoms. Communicate daily with staff that they must immediately inform the director if they or a child feel sick or experience onset of fever of 100.4 or greater, cough, shortness of breath, chills, repeated muscle pain, headache, sore throat, congestion, runny nose, new loss of smell, nausea, diarrhea or vomiting. Staff or parents should contact their health care provider or complete the online COVID assessment.
   d. Minimizing group size as much as possible is highly recommended.
   e. To every extent possible, **do not move children between groups and maintain the same teachers with the same groups of children every day**.
   f. Employees are strongly advised to wear face coverings. It's recommended children over age two (2) years old wear face coverings if capable. Children under age two (2)

shall not wear face covers due to the risk of suffocation. Face coverings shall not be worn at naptime.   Clothe face coverings shall be laundered twice daily. More information on face coverings can be found here.

g. Increase spacing as much as possible between mats/cots at naptime. Consider alternating head/feet direction to limit face-to-face contact when possible.

h. Create a response plan for any instance of an employee with a suspected or confirmed case of COVID-19.

i. As much as possible, practice physical distancing. Redesign workflows to minimize interactions that meet the close contact criteria. Close contacts of a COVID-19 positive individuals are required to self-quarantine. Maintaining groups may reduce the number of staff/children that must self-quarantine for 14-days in the event there is a positive case of COVID-19 in the facility.

j. Create and implement an enhanced cleaning/sanitizing schedule for all food contact surfaces, and cleaning/disinfecting of non-food contact surfaces. Increase disinfection frequency of commonly touched surfaces throughout entire facility such as door handles, check-in stations, bathrooms, etc.

k. Keep a designated bin for separating mouthed toys and maintain awareness of children's behaviors. When a child is finished with a mouthed toy, remove it, place it in a toy bin that is inaccessible to other children, and wash hands. Clean and sanitize toys before returning to children's area.

l. Remove soft toys that cannot be easily cleaned during the coronavirus outbreak. Soft toys that are machine-washable should be washed often at the warmest temperature recommended on the label and dried thoroughly.

m. Clean and disinfect water play and sensory play activities between groups of children.

n. Postpone or cancel most field trips. Carefully consider how to incorporate physical distancing, hand hygiene/sanitizer, and other COVID-19 control measures and requirements at the destination. Communicate with site to ensure safety for everyone. When in doubt, postpone or cancel field trips.

o. Enhance employee safety training, emphasizing proper handwashing, and hygiene etiquette.

p. Staff should consider a change of clothing at the end of the day before departure.

q. Have hand sanitizer and sanitizing products readily available for parents, staff, and children.

r. Implement touchless check in/out, and payment options if possible.

s. Keep up to date on local guidance and community spread at https://lincoln.ne.gov/city/covid19/

t. Child Care Aware of America has helpful resources at Grab, Adapt and Go: COVID Resources for Child Care Programs.

u. For specific questions regarding your center, contact LLCHD Child Care program at 402-441-6280 or healthychildcare@lincoln.ne.gov.

Lincoln Municipal Code 8.14.100 Communicable Diseases Reporting and Illness Exclusion states: The operator shall report within 24 hours to the Health Director when: (i) three (3) or more children and/or staff in a classroom or group are ill with a reportable communicable disease, diarrhea, or vomiting; or (ii) one (1) child or staff has bloody diarrhea. Please report as per 8.14.100 or **any children or staff that have been excluded due to fever** by completing the Child Care Illness

Symptom Report using the link or QR code below. **If you are only reporting a fever, please answer questions #1 and #2 on page 1, then select "NONE" on question #3. Select "NEXT" to end the illness report survey.** If you are reporting an illness as required by LMC 8.14, please complete the entire survey.

https://www.surveymonkey.com/r/CCIllnessReporting

IPhone: Open camera and aim at QR Code, message will appear asking to open link.

Android: QR Code App might be needed.